

swanson.com
or call 1-800-437-4148

- Helps maintain cartilage, tendons and ligaments
- Supports joint integrity, movement and flexibility

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, mix one scoop (4.2 g) in an 8 ounce glass of water or juice twice per day. Scoop included.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

NOTE: Product contains a desiccant packet to maintain freshness. Do not eat the desiccant packet.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



High Plains Collagen Hydrolysate Powder

Joint Health and Mobility

COLLAGENS TYPE I & II

DIETARY SUPPLEMENT | NET WT 16 OZ (1 LB) (454 G)

Supplement Facts

Serving Size 1 Scoop (4.2 g)
Servings Per Container 108

Amount Per Serving

Calories 15

Protein 4 g

Collagen Hydrolysate (bovine) 4.2 g*

Typical Amino Acid Profile:

Glycine 882 mg*

Proline 538 mg*

Hydroxyproline 512 mg*

Glutamic Acid 433 mg*

Alanine 374 mg*

Arginine 307 mg*

Aspartic Acid 252 mg*

Lysine 147 mg*

Serine 130 mg*

Leucine 113 mg*

Valine 101 mg*

Phenylalanine 88 mg*

Threonine 80 mg*

Isoleucine 63 mg*

Hydroxylysine 63 mg*

Histidine 46 mg*

Tyrosine 42 mg*

Methionine 38 mg*

*Daily Value not established.

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