

swanson.com  
or call 1-800-437-4148

- Comprehensive formula to support prostate health
- Promotes healthy urinary tract flow and frequency
- Helps maintain hormonal balance

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take two capsules one to two times per day with water.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Herbal Prostate Complex

Prostate Health

WITH SAW PALMETTO, PYGEUM AND STINGING NETTLE

HERBAL SUPPLEMENT | 200 CAPSULES

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 100

Amount Per Serving

|                                   |         |
|-----------------------------------|---------|
| Saw Palmetto                      | 562 mg* |
| (Serenoa repens Small) (berries)  |         |
| Pygeum africanum (bark)           | 462 mg* |
| Stinging Nettles Root 4:1 Extract | 66 mg*  |
| (Urtica dioica)                   |         |

\*Daily Value not established.

Other ingredients: Gelatin, brown rice flour, calcium palmitate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
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