

Doctor's Best PhosphatidylSerine (PS) contains SerinAid®, which provides a vital nutrient, PS, for the brain's nerve cell connections (synapses).^{*} PS helps facilitate the activity of neurotransmitters involved in learning, memory, and mood. PS supports overall cognitive function, focus and mental clarity.^{*} PS and other phospholipids are structural components of brain neurons that can help enhance cell-to-cell communication.^{*}

Numerous double-blind clinical trials document the benefits of PS for memory, learning, and other cognitive functions. PS also helps the body cope with stress.^{*}

Helps support memory, learning, and other cognitive functions^{*}

Helps support the brain and body in coping with stress^{*}

Helps facilitate nerve cell connectivity^{*}

^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB220-3

**Doctor's
BEST**

**Science-Based
Nutrition™**

**Phosphatidyl
Serine** with 

SerinAid®
PhosphatidylSerine

POWERFUL MEMORY SUPPORT^{*}



**Dietary
Supplement**

100 mg • 120 Veggie Caps



Supplement Facts

Serving Size 1 Veggie Capsule

Servings Per Container 120

	Amount Per Serving	% Daily Value
PhosphatidylSerine (PS, from SerinAid®)	100 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule), silicon dioxide, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 capsule 3 times daily with food, or as recommended by a nutritionally-informed physician.

Gluten Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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