

swanson.com
or call 1-800-437-4148

- Supports blood sugar metabolism and cardiovascular health
- Provides comprehensive metabolic support

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule per day with food and water.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your physician before using this or any product if you are taking medication, especially medications that affect blood sugar levels or have a medical condition, especially hypoglycemia or diabetes. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

Berberine Complex

WITH CINNAMON, GYMNEMA & FENUGREEK

Blood Sugar Support

EFFECTIVE METABOLIC SUPPORT

HERBAL SUPPLEMENT | 90 VEGGIE CAPSULES

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

Berberine HCl	150 mg*
(from Berberis aristata root)	
Ceylon Cinnamon	150 mg*
(Cinnamomum verum) (inner bark)	
Fenugreek Seed	150 mg*
(Trigonella foenum-graecum)	
Gymnema sylvestre Leaf	150 mg*

*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), rice bran, magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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