

Other ingredients: Rice extract, hypromellose (vegetable capsule), vitamin A beadlets (corn starch, dl-alpha-tocopherol, sodium ascorbate, glucose syrup, modified food starch), rice concentrate, vitamin D-3 beadlets (dl-alpha tocopherol, modified food starch, medium-chain triglycerides (palm), sodium ascorbate, sucrose, silica), vitamin K beadlets (acacia, sucrose), ethylcellulose. Contains soy.

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SUGGESTED USE: As a dietary supplement, take one veggie capsule per day with food and water.

WARNING: For adults only. Contains Vitamin K. Consult your physician before using this or any product if you are pregnant or nursing, using a blood-thinning medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Rev 0 10/30/18



Multi Without Minerals

Comprehensive Formula
for Overall Health

DAILY FORMULA

VITAMIN SUPPLEMENT | 30 VEGGIE CAPSULES

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	% Daily Value
Vitamin A.....1,500 mcg RAE.....	167%
(as beta-carotene)	
Vitamin C (as ascorbic acid).....	60 mg.....67%
Vitamin D-3 (as cholecalciferol) ...	10 mcg.....50%
Vitamin E.....	20 mg.....134%
(as d-alpha tocopheryl succinate)	
Vitamin K (as phytonadione).....	80 mcg.....67%
Thiamin (vitamin B-1).....	1.5 mg.....125%
(as thiamin mononitrate)	
Riboflavin (vitamin B-2).....	1.7 mg.....131%
Niacin (as niacinamide).....	20 mg NE.....125%
Vitamin B-6 (from pyridoxine HCl)...	2 mg.....118%
Folate.....	667 mcg DFE.....167%
(400 mcg folic acid)	
Vitamin B-12 (as methylcobalamin)...	6 mcg.....250%
Biotin.....	300 mcg.....1,000%
Pantothenic Acid.....	10 mg.....200%
(as d-calcium pantothenate)	

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