

Doctor's Best Sustained plus Immediate Release L-Arginine contains this essential amino acid in a bilayer tablet, with two tablets providing 500 mg of sustained release and 500 mg of immediate release L-arginine in a formula that delivers enhanced blood levels. These tablets are specifically manufactured to immediately increase blood levels of L-arginine and then to sustain this beneficial increase continuously over an 8-hour period.*

Research suggests that arginine supplementation helps increase muscle mass and may also positively beneficial in improving endurance as it is a precursor to creatine, which helps supply energy to all cells of the body.* L-arginine has been shown to support the cardiovascular system, heart function and improve overall circulation through its conversion to nitric oxide.*

Helps support athletic endurance*

Helps support recovery from athletic performance*

Helps boost nitric oxide (NO) levels to support overall cardiovascular health*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



YDRB200-1

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Sustained ^{plus}
Immediate Release
L-Arginine**



**HELPS BOOST NITRIC OXIDE (NO) LEVELS TO
SUPPORT OVERALL CARDIOVASCULAR HEALTH***

**Dietary
Supplement**

500 mg • 120 Bilayer Tablets



Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

	Amount Per Serving	% Daily Value
L-Arginine	1000 mg	†
(as 500 mg immediate release and 500 mg sustained release from L-Arginine Alpha-Ketoglutarate)		

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, silicon dioxide, magnesium stearate (vegetable source), croscarmellose sodium, hypromellose (coating).

Suggested Adult Use: Take 2 tablets daily without food, or as recommended by a nutritionally-informed physician.

WARNING: Not intended for individuals under the age of 18. Consult your physician if pregnant, nursing, have a medical condition, taking nitrates, warfarin, sildenafil (Viagra), medications for hypertension, diabetes, or other supplement that may lower blood pressure while taking in concomitant with this product. Keep out of reach of children.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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