



Vitamin D Complex

with Vitamins
D-2 & D-3

Vitamin Supplement



60 veggie capsules

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one veggie capsule per day with food and water.

WARNING: Consult your healthcare provider before use if you are pregnant or nursing, if you have a medical condition, or if you are taking any prescription medication. Do not exceed recommended dose.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	% Daily Value	
Vitamin D	50 mcg	250%
(50% as ergocalciferol, 50% as cholecalciferol)		

Other ingredients: Rice bran, hypromellose (vegetable capsule), rice concentrate, rice extract blend.

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Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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