



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum®
**Turmeric,
Garlic &
Cayenne**

Herbal Supplement

60 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule one time per day with food and water.

WARNING: Do not take this product if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Cayenne Pepper (<i>Capsicum annuum</i>) (fruit) (100,000 heating units)	200 mg*
Garlic (<i>Allium sativum</i>) (bulb)	200 mg*
Turmeric (<i>Curcuma longa</i>) (root)	200 mg*

*Daily Value not established.

Other ingredients: Gelatin, rice flour, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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