



Full Spectrum®
**Wild
Lettuce**
Herbal Supplement



60 capsules • 450 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule one to two times per day with food.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking prescription medications, especially CNS depressants or sedatives, or if you have a medical condition, especially glaucoma or benign prostatic hyperplasia.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Wild Lettuce (*Lactuca virosa*) (leaves) 450 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), silica, rice extract blend.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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