

Doctor's Best Fully Active B12 provides a vitamin B12 in its most bioactive form as Methylcobalamin for optimum absorption. Vitamin B12 is a key factor involved in DNA synthesis, fatty acid and amino acid metabolism in the body. It is essential in the production of red blood cells in the bone marrow and nerve sheath. Vitamin B12 is essential for neurological health, mood and energy.*

Helps support healthy memory and mood*

Helps support red blood cell formation*

Helps support energy levels*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB286-3

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Fully Active B12

**HELPS SUPPORT HEALTHY
MEMORY, MOOD AND ENERGY***



**Dietary
Supplement**

1500 mcg • 60 Veggie Caps



Supplement Facts

Serving Size 1 Veggie Capsule

Servings Per Container 60

	Amount Per Serving	%Daily Value
Vitamin B12 (as Methylcobalamin)	1500 mcg	62500%

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule).

Suggested Adult Use: Take 1 capsule daily with a meal, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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