

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Silicon Dioxide, Cellulose Gum, Dicalcium Phosphate, Maltodextrin, Methylcellulose, Magnesium Stearate, Hypromellose, Caramel Color, Gum Arabic, Glycerin.

Contains: Wheat

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Soybeans, Yeast, Artificial Flavors, Added Sugar or Preservatives

Manufactured by NATROL LLC
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 237.911 F: 3000142 L: 2008900-17194



NATROL®

B-100 Complex

ENERGY SUPPORT

Promotes Energy†

Supports a Healthy Nervous System†

Contains All B Vitamins



VEGETARIAN

100 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet, one time daily, with a meal.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

Amount Per Serving		% DV
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	100 mg	8,330%
Riboflavin (Vitamin B-2)	100 mg	7,690%
Niacin (as Niacinamide)	100 mg	630%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5,880%
Folate (400 mcg Folic Acid)	667 mcg DFE	170%
Vitamin B-12 (Cyanocobalamin)	100 mcg	4,170%
Biotin	100 mcg	330%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	2,000%
Calcium (from Calcium Carbonate)	17 mg	1%
Choline (as Choline Bitartrate)	100 mg	20%
UltraGreen® Blend Parsley herb, Alfalfa leaf, Spirulina thallus, Spinach leaf, Peppermint leaf, Spearmint herb	150 mg	*
Inositol	100 mg	*
Para-Aminobenzoic Acid (PABA)	100 mg	*

*Daily Value (DV) not established.

LOT/EXP.