Doctor's Best SAM-e helps replenish your SAM-e levels and promote a healthy mood.* SAM-e (S-Adenosyl-L-Methionine) is naturally produced by your body and helps maintain healthy emotions. Various factors such as diet and aging can cause low levels of SAM-e, leaving you feeling unbalanced and moody.

Supplementing with SAM-e

Soloesse® Italian SAM-e is processed to yield the highest available percentage of the active pure S,S form which helps mediate biochemical activity in the human body.*

SAM-e and Mood and Cognitive Function

SAM-e helps facilitate DNA enzymatic actions. These enzymatic actions are required for the healthy conversion of neurotransmitters responsible for healthy emotions, such as serotonin and dopamine. SAM-e also facilitates glutathione usage which improves the body's antioxidant defense and helps maintain acetylcholine levels necessary for cognitive function.*

SAM-e and Joint Function

In clinical trials, SAM-e has been shown to help increase joint comfort and mobility by promoting the synthesis of proteoglycans, essential components of connective tissue.*

SAM-e and Liver Function

SAM-e helps support healthy levels of glutathione, a critical antioxidant which helps protect against free radicals. SAM-e acts as a methyl donor in the synthesis and formation of phosphatidylcholine and L-cysteine, both necessary for maintaining liver health.*

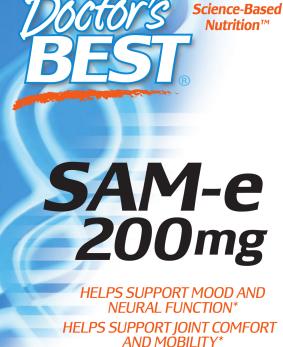
Soloesse® is a registered trademark of Gnosis SpA.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Doctor's Best utilizes only the highest quality Italian Soloesse® SAM-e providing slow and targeted release for improved GI tolerance and absorption. Our SAM-e 200 contains 200mg of active Soloesse® SAM-e in each tablet. This ensures that you receive the most potent SAM-e product with the highest percentage of the active S,S form per serving.*





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Dietary Supplement



Supplement Facts

Serving Size 1 Tablet Servings Per Container 60

† Daily Value not established.

Amount Per Serving % Daily Value

SAM-e 200 ma (S-Adenosyl-L-Methionine disulfate p-toluensulfonate)

Other Ingredients: Microcrystalline cellulose, stearic acid, magnesium silicate, calcium chloride anhydrous, flake shellac dewaxed, magnesium stearate, magnesium hydroxide, glycerol, silica, arginine base, sodium alginate, calcium oxide.

Suggested Adult Use: Take 1 tablet twice daily between meals, or as recommended by a nutritionally-informed physician. Do not chew or crush tablet.

WARNING: Individuals using antidepressant medications should consult with their prescribing physician prior to using this product. Individuals diagnosed with bipolar disease or manic depression should avoid supplementing with SAM-e. Do not use if pregnant or nursing. May cause gastrointestinal discomfort in a small percentage of people.

Non-GMO / Gluten Free / Soy Free / Vegetarian

Store in a cool dry place.

SAM-e is sealed in blister packs for freshness and stability.

Manufactured for **Doctor's Best. Inc.** California, 92612 USA

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