

**Doctor's Best D-Ribose** is a unique 5-carbon carbohydrate that is a fundamental building block of ATP (adenosine triphosphate), the source for all cellular energy. Ribose is the starting point and rate limiting compound in the synthesis of these fundamental cellular compounds. The availability of ribose determines the rate at which they can be made by our cells and tissues. Studies have shown that ribose supplementation can enhance cardiac energy levels and support cardiovascular metabolism.\* Further studies suggest that ribose plays a role in supporting muscle energy recovery after exercise.\* Exercise increases free radical production in muscle tissue. Ribose may strengthen and support the body's crucial antioxidant defenses.\*

**Helps support energy production in heart and muscle\***

**Helps promote muscle recovery following exercise\***

**Helps decrease free radical production during exercise\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB193-2



**Dietary  
Supplement**

**Doctor's  
BEST®**

**Science-Based  
Nutrition™**

**D-Ribose**  
with **BIOENERGY  
RIBOSE®**

**HELPS ENHANCE ATP ENERGY PRODUCTION\***

**850 mg • 120 Veggie Caps** **Vegan™**

## Supplement Facts

Serving Size 5 Veggie Capsules  
Servings Per Container 24

|                              | Amount Per Serving | % Daily Value |
|------------------------------|--------------------|---------------|
| Calories                     | 15                 |               |
| Total Carbohydrates          | 4 g                | 2%**          |
| Total Sugars                 | 4 g                |               |
| D-Ribose (BioEnergy Ribose™) | 4250 mg            | †             |

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Modified cellulose (vegetarian capsule), magnesium stearate (vegetable source), silicon dioxide.

**Suggested Adult Use:** Take 5 capsules twice daily, preferably with food, or as recommended by a nutritionally-informed physician.

**WARNING:** Diabetics, pregnant or lactating women, and those with chronic gout should consult their physician before using this product.

**Non-GMO / Gluten Free / Soy Free / Vegan**

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**  
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