

*Centaurea benedicta*

# BLESSED THISTLE

OPTIMAL WELL-BEING\*



HERB PHARM®

HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

## SUGGESTED USE

SHAKE WELL BEFORE USING

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 4 times per day. Best taken between meals.

**Keep Out of the Reach of Children**

Store away from heat & light



## Blessed Thistle Liquid Extract

### Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

**Blessed Thistle flowering herb**

†

(*Centaurea benedicta*) Ⓞ extract 664 mg Ⓜ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (43-53%) & distilled water. **Gluten-Free**

Ⓞ Certified Organic

Ⓜ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

We prepare our Blessed Thistle Extract from the flowering herb of **certified organically grown** *Centaurea benedicta* plants.

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Certified organic by Organic Certifiers

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.