

swanson.com
or call 1-800-437-4148

- Popular herbal remedy for blood sugar and hormone support, digestive health and women's health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

Fenugreek Seed

Blood Sugar Support

610 mg per capsule

HERBAL SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Serving

Fenugreek Seed 1.22 g*

*Daily Value not established.

Other ingredients: Gelatin, micro-crystalline cellulose (plant fiber), magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
 Fargo, ND 58104 USA • 1-800-437-4148

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