

0 90700 00010 3

SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 4 times per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

009



Centaurea benedicta

BLESSED THISTLE

OPTIMAL WELL-BEING *



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Blessed Thistle Liquid Extract

Supplement Facts

Serving Size: 0.7 ml	Servings: about 42
Amount Per Serving	% DV
Blessed Thistle flowering herb (<i>Centaurea benedicta</i>)© extract 664 mg©	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (43-53%) & distilled water. **Gluten-Free**

- ① Certified Organic
- ② Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

Prepared from the flowering herb of **certified organically grown** *Centaurea benedicta* plants.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.