



31610001 15mL/0.5 fl. oz. v3
dōTERRA Intl, LLC
389 South 1300 West
Pleasant Grove, UT 84062

For aromatic or topical use. Diffuse aromatically, or to apply topically, dilute with a carrier oil to minimize skin sensitivity.

CAUTION: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

dōTERRA®

Spearmint

**Mentha
spicata**

15 mL

Essential Oil Supplement

Supplement Facts

Serving Size: 1 drop

Servings Per Container: About 250

Amount Per Serving	%DV
Spearmint Plant	60 mg **

**Daily Value (DV) not established.

For internal use dilute 1 drop in 4 fl. oz. of liquid.

CPTG Certified Pure Therapeutic Grade®