

Doctor's Best Stabilized R-Lipoic Acid contains BioEnhanced® Na-RALA, the sodium salt of R-Lipoic acid (RLA). BioEnhanced® Na-RALA is in its natural and stabilized form of RLA that won't degrade at high temperatures, and is more bioavailable and biologically active.* Lipoic acid (LA) plays an important role in glucose metabolism and energy production. LA is both fat and water soluble. Studies suggests that LA may support the body's antioxidant defenses.* D-Biotin is an integral part of enzyme activity necessary for the breakdown and conversion of fatty acids and carbohydrates into energy.

Helps support glucose metabolism and energy production*

Helps support the body's antioxidant defenses*
D-Biotin helps metabolize fatty acids and carbohydrates*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB229-2



Dietary Supplement

Doctor's BEST

Science-Based Nutrition™

Stabilized R-Lipoic Acid
with BioEnhanced® Na-RALA

HELPS SUPPORT GLUCOSE METABOLISM AND ENERGY PRODUCTION*



100 mg • 180 Veggie Caps

Supplement Facts

Serving Size 1 Veggie Capsule
Servings Per Container 180

	Amount Per Serving	% Daily Value
D-Biotin	150 mcg	5%
R-Lipoic acid	100 mg	†
<small>(from BioEnhanced® Na-RALA Sodium R-alpha Lipoate)</small>		

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), microcrystalline cellulose, rice powder, silicon dioxide, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 capsule daily preferably on an empty stomach, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
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www.drbitamins.com

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