

Directions: For optimal effect, take 2 capsules, immediately before starch-heavy meals. Do not exceed 4 capsules per day.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

Amount Per Serving

100%

100 mg 100%

40 mg 100%

100%

100%

100%

100%

100%

Other Ingredients: Hydroxypropylmethylcellulose, Gelatin, Magnesium Stearate, Silicon Dioxide, Hydroxypropylmethylcellulose, Milk and Soy.

MS: Egg, Pork, Chicken, Shellfish, Tree Nuts, Peanuts, Wheat, Artificial Colors or Flavors, Ethanol, Sugar or Preservatives.

WARNING: Do not use this as a substitute for a balanced diet or as a replacement for medical advice. Do not use this product if you are pregnant or nursing. The product is intended to be used in conjunction with the healthiest lifestyle, including exercise and proper diet. Do not use this product if you are pregnant or nursing. Do not use this product if you are pregnant or nursing.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

Manufactured by NATROL, LLC
DUBLIN, OH 43017-1000
1-800-2-NATROL (662-6286)
www.natrol.com

Control It!

White Kidney Bean Carb Intercept® contains Phase 2®, a patented and clinically tested non-stimulant, all-natural white kidney bean extract shown to help control carbs by reducing the enzymatic digestion of dietary starches. This is the first carbohydrate "blocker" that's clinically proven to delay the digestion of carbs, which reduces the caloric impact of starchy foods.^{1,2}

Energize It!

Chromium
Carb Intercept® also contains Chromium, which helps metabolize:³

- Fats³
- Carbohydrates³
- Proteins³

ONE MONTH'S SUPPLY (2 CAPSULES PER DAY)



1-800-2-NATROL

NATROL®



Carb Intercept® with Phase 2

WEIGHT MANAGEMENT

Helps Control Carbs¹

Helps Metabolize Fats³

Clinically Tested
White Kidney Bean Extract¹



100% PHASE 2
100%



100%

120 VEGGIE CAPSULES (60 DAY SUPPLY PER 1)

Clinically Tested:

Studies show Phase 2® White Kidney Bean Carb Intercept® to:^{1,2}

- Help reduce the digestion and absorption of carbohydrates by up to 60%.¹
- Promote healthy body weight.²
- Reduce the enzymatic digestion of dietary starches.²

Studies Recommend:

- 400-500mg of Phase 2 Carb Controller® daily.
- 2,000 kcal/day diet and at least 30 minutes of exercise, 5 days per week.

Optimal results may require 8-12 weeks.
Individual results may vary.

The detailed clinical studies, visit www.phase2bio.com



The patented Phase 2 Carb Controller® and Carb Intercept® are being used worldwide.

¹Phase 2 bioactive has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.