

**Doctor's Best Curcumin with Curcumin C3 Complex® and BioPerine®** contains a potent standardized extract of *Curcuma longa* root, known as turmeric. Turmeric has centuries of tradition in Ayurvedic healing. The active ingredients in *Curcuma longa* are curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.\* Curcuminoids may benefit the joints, brain, heart and circulatory system by helping to neutralize free radicals.\*

BioPerine® is an extract of Black Pepper fruit that contains 95% piperine as a natural bio-enhancer to promote absorption.\*

**Helps support cells and tissues by neutralizing free radicals\***

**Helps support connective tissues by inhibiting destructive enzymes\***

**BioPerine® helps promote absorption of nutrients in the GI tract\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB195-2



**Dietary  
Supplement**

**Doctor's  
BEST®**

**Science-Based  
Nutrition™**

**High  
Absorption.  
Curcumin  
from Turmeric Root  
with CURCUMIN C3 COMPLEX® and BIOPERINE®**

**MAY BENEFIT THE JOINTS BY HELPING  
TO NEUTRALIZE FREE RADICALS\***

**1000 mg • 120 Tablets**



## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 120

| Amount Per Serving % Daily Value                                                                                                                                                                     |         |   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---|
| Curcumin C3 Complex®                                                                                                                                                                                 | 1000 mg | † |
| Turmeric extract ( <i>Curcuma longa</i> )(root),<br>standardized to contain 95% Curcuminoids, including:<br>Bisdemethoxycurcumin (2.2 - 6.5%)<br>Demethoxycurcumin (15 - 19%)<br>Curcumin (75 - 81%) |         |   |
| Black Pepper Ext. ( <i>Piper nigrum</i> )(fruit)                                                                                                                                                     | 5 mg    | † |
| (standardized to contain 95% Piperine)(BioPerine®)                                                                                                                                                   |         |   |
| † Daily Value not established.                                                                                                                                                                       |         |   |

**Other Ingredients:** Microcrystalline cellulose, sodium starch glycolate, magnesium stearate (vegetable source), silicon dioxide, hypromellose (coating).

**Suggested Adult Use:** Take 1 tablet daily with food, or as recommended by a nutritionally-informed physician.

**WARNING:** If you are pregnant, nursing, taking medications for diabetes or blood thinners, consult your physician before taking Curcumin.

**Non-GMO / Gluten Free / Soy Free / Vegan**

This product contains natural ingredients that may vary in color. Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, 92612 USA

**(800) 777-2474 [www.drbbvitamins.com](http://www.drbbvitamins.com)**

Curcumin C3 Complex® and BioPerine® are trademarks of Sabinsa Corporation.