

dōTERRA® Women Phytoestrogen Essential Complex features genistein, a mild phytoestrogen that binds with estrogen receptors in cells, and the natural phytoestrogens in pomegranate that help balance estrogens naturally in the body.* It also includes a concentrated extract of flax seed lignans to help manage potentially harmful metabolites that are produced when estrogens are metabolized in the liver.*

DIRECTIONS FOR USE: Pre- and peri-menopausal women take one (1) to two (2) capsules daily with food. Post-menopausal women take two (2) capsules daily with food.

NOTE: Pregnant or nursing women and people with known medical conditions should consult with a physician prior to taking supplements. Does not contain wheat or milk products.

Store in a cool, dry place.



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dōTERRA®
women

phytoestrogen

ESSENTIAL COMPLEX

Supports healthy estrogen balance in women*



DIETARY SUPPLEMENT
60 VEGETABLE CAPSULES

Supplement Facts

Serving Size: 2 vegetable capsules

Servings per container: 30

Amount Per Serving		% DV
Soy extract (standardized to 64% isoflavones with a minimum 50% genistein content)	150 mg	**
Flax seed extract (standardized to 40% lignan content)	120 mg	**
Pomegranate fruit extract (standardized to 40% ellagic acid content)	100 mg	**
** Daily Value not established		

Other Ingredients: Flax seed powder, Vegetable hypromellose, Silica.

Manufactured in the U.S.A. exclusively for dōTERRA Intl, LLC, 389 South 1300 West Pleasant Grove, UT 84062 For serious adverse events, contact: 1-800-411-8151 www.doterra.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.