

swanson.com
or call 1-800-437-4148

- Helps build and support strong bones
- Highly absorbable form of calcium
- Essential nutrient for heart, muscle and nerve function

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule two times per day with meals.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON[®]

Calcium Citrate

Strong, Healthy Bones

200 mg per capsule

MINERAL SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Calcium	200 mg	15%
(from calcium citrate)		

Other ingredients: Gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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