Recommendation: As a dietary supplement, take two or three capsules daily with meals. Take with at least 8 ounces of liquid.

Keep out of reach of children. Store in a cool, dry place. Do not eat freshness packet. Do not use if safety seal is missing or broken. Natural color variations may occur in this product.

Warning: Do not take if you are pregnant, nursing, or having a bowel obstruction. Take other supplements or drugs one hour prior to consumption. If you are taking any medications, or experiencing health issues, consult your doctor before use. TAKING THIS PRODUCT WITHOUT ADEQUATE FLUID MAY CAUSE IT TO SWELL AND BLOCK YOUR THROAT OR ESOPHAGUS AND MAY CAUSE CHOKING. DO NO TAKE THIS PRODUCT IF YOU HAVE DIFFICULTY SWALLOWING. IF YOU EXPERIENCE CHEST PAIN, VOMITING, OR DIFFICULTY IN SWALLOWING OR BREATHING AFTER TAKING THIS PRODUCT, SEEK IMMEDIATE MEDICAL ATTENTION.

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> Product 81-5 v 6.0



Fiber Cleanse

Fiber Combination of Soluble and Insoluble Fiber

Herbal Supplement

140 Vegetarian Capsules



Supplement Facts

Serving Size: 3 Vegetarian Capsules Servings Per Container: about 47

Amount Per Serving

Proprietary Blend

2,400 mg

Psyllium (husk), Psyllium (seed), Apple fiber, Flax (seed), Maltodextrin, Slippery Elm (bark), Bentonite, Allspice (berry), Cinnamon (bark), Hibiscus (flower), Licorice (root), Orange (peel), Stevia (leaf)

† Daily Value not established.

Other Ingredients: Vegetarian capsule (pullulan).

Manufactured for: New Sun, Inc., Hendersonville, NC 28792

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