Natrol® Omega 3-6-9 Complex 1,200mg:

- Combines fatty acids from both grain and marine sources for a healthy balance of essential fats†
- Helps support numerous functions in the body, including heart and brain health, as well as healthy skin and hair†
- Molecularly distilled to remove pesticides, PCBs & Heavy Metals
- Made with lemon oil for better taste.

‡ Supportive but not conclusive research shows consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease.

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs, or are pregnant or lactating.

NO: Milk, Egg, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Yeast, Artificial Colors or Flavors, Added Sugar

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 997.9217 F: 3002650 L: 2009028-17220

0 47469 00997 7

NATROL®
Omega 3-6-9 Complex

HEART HEALTH

May Reduce the Risk of Coronary Heart Disease†‡

With Fish, Flax & Borage Oil

Molecularly Distilled

LEMON NATURAL FLAVOR

1,200mg

60 SOFTGELS

DIETARY SUPPLEMENT

Directions: Take 1 softgel, two times daily, with a meal.

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 60

Amount Per Serving		%DV*
Calories	15	
Total Fat	1.5 g	1.5%
Saturated Fat	0 g	0%
Trans Fat	0 g	**
Polyunsaturated Fat	0.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	5 mg	2%
Total Omega 3, 6, 9 Blend	1200 mg	**
Fish Oil	400 mg	**
EPA (Eicosapentaenoic Acid)	70 mg	**
DHA (Docosahexaenoic Acid)	45 mg	**
Flax Oil [*Linum usitatissimum* (seed)]	400 mg	**
Alpha Linolenic Acid	200 mg	**
Oleic Acid	60 mg	**
Linoleic Acid	50 mg	**
Borage Oil	400 mg	**
Linoleic Acid	125 mg	**
GLA (Gamma Linoleic Acid)	70 mg	**
Oleic Acid	55 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Gelatin (Bovine), Glycerin, Water, Natural Lemon Oil, Natural Mixed Tocopherols (as preservative).

Contains: Fish (Anchovy, Sardine) and Soy

Manufactured for NATROL LLC, Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765) • www.natrol.com

LOT/EXP: