



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum[®] Lemon Balm

Herbal
Supplement



60 capsules • 500 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules with water as needed.

WARNING: Do not take this product if you are pregnant or nursing.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving

Lemon Balm (*Melissa officinalis*) (leaves) 1 g*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), rice extract blend, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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