



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium Citrate Complex

Mineral Supplement

Supports
Healthy Bones*

300 capsules



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule two times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Calcium (from calcium citrate and calcium carbonate)	250 mg 38%

Other ingredients: Gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
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