Natrol® Flaxseed Oil 1,000mg:

- A natural source of Alpha Linolenic Acid, an Omega-3 fatty acid†
- Helps support heart and brain health†
- Plant Source of Omega-3 Fatty Acids

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs, or are pregnant or lactating.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

Flaxseed Oil

HEART HEALTH

Helps Support
a Healthy Heart†

Plant Source of
Omega-3 Fatty Acids

VALUE SIZE
200 SOFTGELS

1,000mg

DIETARY SUPPLEMENT

Directions: Take 1 softgel, two to three times daily, with a meal.

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 200

Amount Per Serving		%DV
Calories	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.5 g	**
Flaxseed Oil (*Linum usitatissimum*)	1,000 mg	**
ALA (Alpha Linolenic Acid)	500 mg	**
Oleic Acid	150 mg	**
Linoleic Acid	120 mg	**
Palmitic Acid	40 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Purified Water.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

Manufactured for NATROL LLC
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

LOT/EXP: