

Other Ingredients: Wild Orange (*Citrus sinensis*) Peel Oil, Rosemary (*Rosmarinus officinalis*) Leaf Extract, Mixed Tocopherols, Sunflower (*Helianthus annuus*) Seed Oil, Sunflower (*Helianthus annuus*) Lecithin, Ascorbyl Palmitate
Contains fish

Directions for use: Take 1 teaspoon daily. Store away from direct heat and light. After opening, refrigerate and consume within 100 days. Product may change appearance when refrigerated. Keep bottle tightly closed to preserve freshness. Do not use if safety seal is broken or missing.



34490001 v2
150 mL/5 fl. oz.



dōTERRA® IQ Mega® takes the fishy taste out of fish oil with the fresh orange flavor of dōTERRA Wild Orange CPTG® essential oil. This great-tasting and easy-to-swallow omega 3 supplement provides 1,300 mg of DHA and EPA per serving to support healthy brain, cardiovascular, immune, and joint function.* IQ Mega is formulated to be used daily with dōTERRA a2z Chewable™.

Made in Norway.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured exclusively for dōTERRA Intl, LLC
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dōTERRA®

IQ mega®

OMEGA 3
supplement

with CPTG® Wild Orange Essential Oil
150 mL (5 fl. oz.) liquid



Supplement Facts

Serving Size 1 tsp. (5ml)

Servings Per Container 30

Amount per serving	% Daily value*
Calories 40	
Total Fat 4.5 g	7%
Saturated Fat 0.5 g	3%
Cholesterol 40 mg	13%
Fish Oil 4500 mg (Cod, Pollock, Haddock)	†
Total Omega-3s 1550 mg	†
DHA (Docosahexaenoic Acid) 900 mg†	
EPA (Eicosapentaenoic Acid) 400 mg†	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.