

Doctor's Best Stabilized R-Lipoic Acid contains BioEnhanced® Na-RALA, the sodium salt of R-Lipoic acid (RLA). BioEnhanced® Na-RALA is in its natural and stabilized form of RLA that won't degrade at high temperatures, and is more bio-available and biologically active.* Lipoic acid (LA) plays an important role in glucose metabolism and energy production. LA is both fat and water soluble. Studies suggests that LA may support the body's antioxidant defenses.* D-Biotin is an integral part of enzyme activity necessary for the breakdown and conversion of fatty acids and carbohydrates into energy.

Helps support glucose metabolism and energy production*

Helps support the body's antioxidant defenses*

D-Biotin helps metabolize fatty acids and carbohydrates*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB123-3

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Stabilized
R-Lipoic Acid**
with **BioEnhanced®
Na-RALA**

**HELPS SUPPORT GLUCOSE METABOLISM
AND ENERGY PRODUCTION***

Vegan™

**Dietary
Supplement**

100 mg • 60 Veggie Caps

Supplement Facts

Serving Size 1 Veggie Capsule

Servings Per Container 60

	Amount Per Serving	% Daily Value
D-Biotin	150 mcg	5%
R-Lipoic acid	100 mg	†
(from BioEnhanced® Na-RALA Sodium R-alpha Lipoate)		

† Daily Value not established.

Other ingredients: Modified cellulose (vegetarian capsule), microcrystalline cellulose, rice powder, silicon dioxide, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 capsule daily preferably on an empty stomach, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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