

swanson.com
or call 1-800-437-4148

- Supports joint integrity, movement and flexibility
- Helps protect cartilage
- Maintains healthy connective tissue

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take three tablets two times per day with food and water for the first 60 days. Continue with three tablets one to two times per day with food and water thereafter.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Glucosamine, Chondroitin & MSM

Joint Health and Mobility

3-IN-1 FORMULA PER TABLET

DIETARY SUPPLEMENT | 120 TABLETS

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving

Glucosamine Sulfate (2KCl) (from shellfish)	750 mg*
Chondroitin Sulfate USP	600 mg*
MSM (methylsulfonylmethane)	450 mg*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), calcium carbonate, stearic acid, magnesium stearate, croscarmellose sodium, food glaze.

Contains shellfish (shrimp and crab)

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
 Fargo, ND 58104 USA • 1-800-437-4148

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