

swanson.com

or call 1-800-437-4148

- Supports joint integrity, movement and flexibility
- Provides joint support
- Indian herb with a rich history in the ancient Ayurvedic system

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take two capsules two to three times per day with water.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

# Boswellia

Joint Health and Mobility

400 mg per capsule

HERBAL SUPPLEMENT | 100 CAPSULES

## Supplement Facts

Serving Size 2 Capsules

Servings Per Container 50

Amount Per Serving

Boswellia serrata (resin) 800 mg\*

\*Daily Value not established.

Other ingredients: Gelatin, micro-crystalline cellulose (plant fiber), magnesium stearate, silica.

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