

Doctor's Best MSM with OptiMSM® contains a high quality purified MSM (methylsulfonylmethane) backed by numerous clinical studies for safety and efficacy.* MSM is a natural sulfur compound that helps support the formation of healthy connective tissues.* It also helps support overall joint health, mobility, and a normal range of motion.* It also may help reduce oxidative damage to support a healthy immune system.*

MSM provides the sulfur reputable for being nature's 'beauty mineral'. Sulfur is a key component of collagen that supports the skin's structural framework and is also a building block of keratin, a structural constituent of hair and nails.*

Helps support joint comfort and mobility*

Helps support a healthy immune response*

Helps support antioxidant defenses*

Helps support overall health for hair, skin, and nails*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB076-4



**Dietary
Supplement**

**Doctor's
BEST**

**Science-Based
Nutrition™**

**MSM
Powder**

with **OptiMSM®**

HELPS SUPPORT JOINT AND SKIN HEALTH*

Net Wt. 8.8 oz (250 grams) **Vegan**

Supplement Facts

Serving Size 3 scoops (3 grams)

Servings Per Container Approximately 83

	Amount Per Serving	% Daily Value
MSM (Methylsulfonylmethane) (OptiMSM®)	3 g	†

† Daily Value not established.

Other Ingredients: None.

Suggested Adult Use: Mix 3 level scoops into 8 ounces juice or beverage of your choice daily, or as recommended by a nutritionally-informed physician.

WARNING: If you are pregnant or lactating, consult your physician before using any health supplement.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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