

For aromatic or topical use.

Diffuse aromatically or, to apply topically, dilute with a carrier oil to minimize skin sensitivity.

CAUTION: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



5mL / 0.16 fl. oz.

dōTERRA Intl, LLC
389 South 1300 West
Pleasant Grove,
UT 84062

49270001 v3

dōTERRA®

Spearmint

**Mentha
spicata**

5 mL

Essential Oil Supplement

Supplement Facts

Serving Size: 1 drop

Servings Per Container: About 85

Amount Per Serving % DV		
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Spearmint Herb	60 mg	**
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**Daily Value (DV) not established.

For internal use dilute one drop in 4 fl. oz. of liquid.

CPTG Certified Pure Therapeutic Grade®

Peel back for more information.

