

Doctor's Best D-Phenylalanine is a non-protein amino acid related to the essential amino acid L-Phenylalanine. D- and L-Phenylalanine are structural mirror images of each other. A small amount of D-Phenylalanine may be converted to L-Phenylalanine in the body.* D-Phenylalanine acts as an inhibiting agent to enzymes that degrade enkephalins, naturally occurring peptides in the body that metabolize endorphins. Endorphins are neurotransmitters that play a key role in the function of the nervous system.*

Helps support healthy mood*

Helps inhibit the degradation of endorphins*

Helps support neurotransmitter function*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB110-3

**Doctor's
BEST**

**Science-Based
Nutrition™**

D-Phenylalanine

HELPS SUPPORT HEALTHY MOOD*



**Dietary
Supplement**

500 mg • 60 Veggie Caps



Supplement Facts

Serving Size 1 Veggie Capsule

Servings Per Container 60

	Amount Per Serving	%Daily Value
D-Phenylalanine	500 mg	†

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), microcrystalline cellulose, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 capsule daily on an empty stomach at least 20 minutes before meals, or as recommended by a nutritionally-informed physician. To ensure optimal phenylalanine absorption, avoid taking other amino acid supplements within 2-3 hours of consumption.

WARNING: Phenylalanine supplements should not be taken by children, pregnant, nursing, individuals with phenylketonuria (PKU), high blood pressure, taking anti-psychotic medications or MAO inhibitors. Consult your physician before use.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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