

SLEEP
NATROL®
Sleep 'n Restore®

NATROL®

NEW
LOOK!

Sleep 'n Restore®

SLEEP

Fall Asleep Faster. Stay Asleep Longer†

Wake Up Refreshed with
Powerful Antioxidants†



20 TABLETS

DIETARY SUPPLEMENT

LOT/EXP:

ITEM: 502.913 F: 3000294 B: 2008805-17165



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Tamper Evident Packaging. Tablets are sealed in blisters.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Visit us at www.natrol.com • Comments or Questions? Call Toll-Free 1-800-2-NATROL (800-262-6765)

Natrol® Sleep 'n Restore®

Unique nighttime formula that helps promote a more restful, restorative sleep.

- Melatonin supports normal sleep patterns†
- Valerian promotes quality sleep†
- Vitamin E is a natural antioxidant that helps protect from oxidative damage†
- L-Glutamine and Grape Seed Extract for additional recovery support†

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

WARNING: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition or depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

Directions: Take 1 tablet before bedtime.

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 20

Amount Per Serving	%DV
Vitamin E (as d-Alpha Tocopheryl Succinate)	25 mg 170%
Calcium (from Calcium Carbonate)	70 mg 6%
L-Glutamine	500 mg *
Valerian Extract (Valeriana officinalis root)	100 mg *
Grape Seed Extract (Vitis vinifera)	25 mg *
Melatonin	3 mg *

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Malic Acid, Stearic Acid, Silicon Dioxide, Cellulose Gum, Hydroxypropylmethylcellulose, Methylcellulose, Stearic Acid, Gum Arabic, Glycerin, Ethylcellulose.

Contains: Soy

NS: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

Manufactured by NATROL LLC
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1-800-2-NATROL (800-262-6765)
www.natrol.com

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