

Natrol® Melatonin 1mg:

- Helps establish normal sleep patterns†
 - Contains Vitamin B-6 to support the body's natural production of Melatonin†
 - 100% Drug-free and non-habit forming
- Melatonin is a nighttime sleep aid for occasional sleeplessness.†

WARNING: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 465.911 F: 3002247 L: 2008812-17145



NATROL®

Melatonin

SLEEP

Fall Asleep Faster,
Stay Asleep Longer†
100% Drug-Free

1mg



VEGETARIAN

90 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet 20 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

Amount Per Serving		%DV
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	590%
Calcium (from Dibasic Calcium Phosphate)	28 mg	2%
Melatonin	1 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Cellulose Gum, Silicon Dioxide, Magnesium Stearate, Hypromellose.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

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