

BODYBUILDING.COM SIGNATURE

A signature is a promise. A symbol of your identity. Your mark on the world. Bodybuilding.com was founded on a single promise: Trust. It's who we are and it's in our blood. Our Signature line is built on the same promise. Every product is transparent, filler-free, and formulated with effective doses of research-backed ingredients you can trust. We create the highest quality supplements, so you can focus on leaving a mark of your own.

TOTAL
Transparency

We disclose all of our ingredients and their doses, so you always know exactly what you're putting into your body.

EFFECTIVE
Doses

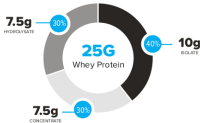
Signature products include the amount of an ingredient that has been shown to deliver results. No more, no less.

RESEARCH
Backed Ingredients

Trendy ingredients come and go, but our time-tested, gym-proven ingredients will help you achieve your goals.

Directions for Use: Mix one scoop (34 grams) with 6 ounces of water, milk, fruit juice or your favorite beverage. To modify the consistency of your protein, increase or decrease the liquid level to your liking.

Notice: Use this product as a food supplement only. Do not use for weight reduction.



S I G N A T U R E

100% WHEY PROTEIN

25G
Whey Protein

BUILDS
Muscle

SUPPORTS
Recovery

OATMEAL COOKIE

PROTEIN POWDER

NATURALLY AND ARTIFICIALLY FLAVORED
GLUTEN AND SOY FREE

ABOUT 27 SERVINGS | Net Wt. 2lbs (907g)

Nutrition Facts

About 27 serving per container

Servings size (34g)

Amount Per Serving
Calories 130

% Daily Value*

Total Fat	2g	3%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	55mg	18%
Sodium	180mg	8%
Total Carbohydrate	2g	1%
Dietary Fiber	0g	0%
Total Sugars	1g	
Includes 0g Added Sugar		0%
Protein	25g	50%
Vitamin D	0mcg (7 IU)	0%
Calcium	110mg	8%
Iron	0.2mg	2%
Potassium	150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whey Protein Isolate, Whey Protein Concentrate, Whey Protein Hydrolysate, Natural and Artificial Flavors, Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sunflower Lecithin, Sucralose, Acesulfame Potassium, Ground Cinnamon, Lactase, ProHydrolase™ (Proteases from Bacillus and Pineapple), Dipotassium Phosphate.

Contains Milk.

NO GLUTEN, SOY, TREE NUTS, PEANUTS. CONTAINS NO ADDED SUGAR.

ProHydrolase® is a trademark of Deerland Enzymes, Inc.

TYPICAL AMINO ACID PROFILE PER SERVING

Alanine	1235 mg
Arginine	684 mg
Aspartic Acid	2596 mg
Cystine	512 mg
Glutamine	4397 mg
Glycine	453 mg
Histidine	440 mg
Isoleucine	148 mg
Leucine	2671 mg
Lysine	2344 mg
Methionine	566 mg
Phenylalanine	775 mg
Proline	1432 mg
Serine	1255 mg
Threonine	178 mg
Tryptophan	414 mg
Tyrosine	719 mg
Valine	1444 mg
Total	25075 mg



Manufactured in the USA in a GMP registered facility with domestic and international ingredients.

Contents may settle. Packed by weight, not by volume.



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5777 N Meeker Ave
Boise, Idaho 83713

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