

swanson.com
or call 1-800-437-4148

- Formulated to support female hormonal balance, energy and immune health
- Combines over 30 vitamins, minerals and herbs

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet two times per day with food and water.
Albion®, Ferrochel® and TRAACS® are registered trademarks of Albion Laboratories, Inc.
GLUCARATE™ is a trademark of and is licensed from Applied Food Sciences, LLC and is protected by U.S. patent #4,845,123.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medication or if you have a medical condition. Discontinue use if you experience gastrointestinal discomfort. Contains dong quai; avoid lengthy exposure to natural sunlight and other sources of UV light as this product may increase your skin's photosensitivity, resulting in sunburn or skin rash. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Multi

Comprehensive Formula
for Overall Health

WOMEN'S PRIME

DIETARY SUPPLEMENT | 90 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene).....	900 mcg RAE..... 100%
Vitamin C (as ascorbic acid).....	100 mg..... 111%
Vitamin D (as cholecalciferol).....	1.5 mcg..... 8%
Vitamin E (as d-alpha tocopheryl succinate).....	40 mg..... 267%
Thiamin (vitamin B-1) (as thiamin HCl).....	5 mg..... 417%
Riboflavin (vitamin B-2).....	5 mg..... 385%
Niacin (as niacinamide).....	5 mg NE..... 31%
Vitamin B-6 (from pyridoxine HCl).....	5 mg..... 294%
Folate.....	333 mcg DFE (200 mcg folic acid)..... 83%
Vitamin B-12 (as cyanocobalamin).....	50 mcg..... 2,083%
Biotin.....	5 mcg..... 17%
Pantothenic Acid (as d-calcium pantothenate).....	5 mg..... 100%
Choline (from choline bitartrate).....	10 mg..... 2%
Calcium (50 mg from calcium citrate,.....	55.2 mg..... 4%
4 mg from calcium phytate, 1.2 mg from calcium D-glucarate	
Iron [from TRAACS® Ferrochel® (ferrous bisglycinate chelate)].....	5 mg..... 28%
Iodine (from kelp).....	50 mcg..... 33%
Magnesium (from magnesium oxide).....	30 mg..... 7%
Zinc (from TRAACS® zinc glycinate chelate).....	7.5 mg..... 68%
Selenium (from Albion® amino acid complex).....	100 mcg..... 182%
Manganese (from TRAACS® manganese glycinate chelate).....	2 mg..... 87%
Chromium (from TRAACS® chromium.....	25 mcg..... 71%
nicotinate glycinate chelate)	

GLUCARATE™ Calcium D-Glucarate, 10 mg*; Dong Quai (root), 50 mg*; Green Tea (leaves), 50 mg*; Soy Powder, 50 mg*; IP-6 (inositol hexaphosphate) (from calcium phytate), 25 mg*; Korean Ginseng (5% ginsenosides) (root), 15 mg*; Black Cohosh Extract (2.5% triterpenoids) (root), 10 mg*; GLA (gamma-linolenic acid from borage), 10 mg*; Inositol, 10 mg*; Bilberry Extract (Vaccinium myrtillus) (fruit) (standardized to 25% anthocyanins), 5 mg*; Ginkgo biloba Leaf Extract (standardized to 24% flavone glycosides, 6% terpene lactones), 5 mg*; PABA (para-aminobenzoic acid), 5 mg*; Rutin, 5 mg*; Coenzyme Q10, 2 mg*; Boron, 1 mg*

*Daily Value not established.

Other ingredients: Stearic acid, microcrystalline cellulose (plant fiber), magnesium stearate, croscarmellose sodium, silica, food glaze.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS Fargo, ND 58104 USA • 1-800-437-4148 Rev 1 10 16 18

SW799

