

swanson.com
or call 1-800-437-4148

- Supports joint integrity, movement and flexibility
- Helps protect cartilage
- Supports daily joint maintenance

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule three times per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Glucosamine & Chondroitin

Joint Health and Mobility

2 IN 1 FORMULA

DIETARY SUPPLEMENT | 200 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Glucosamine Sulfate	500 mg*
(from glucosamine sulfate 2KCl)	
(from shrimp)	
Chondroitin Sulfate	250 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), medium-chain triglycerides oil (palm), magnesium stearate, silica.

Contains shellfish (shrimp).

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