## activated b-complex

Increases energy<sup>†</sup>

Promotes a healthy nervous system, bone marrow and intestinal tract<sup>†</sup>

Promotes cardiovascular health†

May help decrease stress and improve mood<sup>†</sup>



Weight: 10.6 oz. (300 g) An Isotonic-Capable Dietary Supplement

Directions for use: Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 ml) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured for and distributed by: Market America, Inc., 1302 Pleasant Ridge Road Greensboro, NC 27409, USA

If barcode is missing or marked through, the sale of this product is not authorized or guaranteed by Market America

Lot #: Best when used by:

## Supplement Facts

Serving Size: 1 Capful (3.3 g) Servings Per Container: 90

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrates	2 g	<1
Sugars	2 g	**
Thiamin HCI (Vitamin B1)	2 mg	133
Riboflavin-5-Phosphate (Vitamin B2)	3 mg	176
Niacinamide (Vitamin B3)	20 mg	100
Vitamin 86 (Pyridoxal-5-Phosphate)	6 mg	300
Folate [as (6S)-5-Methyltetrahydrofol acid, Glucosamine Salt, Quatrefolic		108
Vitamin B12 (Methylcobalamin)	120 mcg	2,000
Biotin	300 mcg	100
Pantothenic Acid (D-Calcium Pantothenate)	20 mg	200
Calcium (Sulfate)	5 mg	1
Potassium (Bicarbonate)	95 mg	3

Percent Daily Values are based on a 2,000-calorie diet.

\*\* Daily Value (DV) is not established.

‡ Quatrefolic® is the registered trademark of Gnosis S.p.A., and is protected by U.S. Patent No. 7,947,662.

Other ingredients: Fructose, glucose, citric acid, maltodextrin, silica, apple fiber, apple pectin, natural lemon flavor and natural lime flavor.