

At the heart of ORGANIC INDIA is
our commitment to be a living embodiment of
love & consciousness in action.

Blend 1 rounded teaspoon in water, juice or smoothie.
Find recipes at organicindia.com

Organic fermented adaptogens, Ashwagandha, Tulsi
and Amla, blend to support natural energy, vitality
and the body's natural stress response.*



To enjoy while pregnant or nursing, consult a physician before use.

WARNING: Reproductive Harm - www.P65Warnings.ca.gov

*This statement has not been evaluated by the FDA; This product
is not intended to diagnose, treat, cure, or prevent any disease.


**ORGANIC
INDIA™**

VITAL *Lift*

Fermented Adaptogens
for Energy & Vitality*

WITH
**FERMENTED
HERBS**

DIETARY
SUPPLEMENT



30 SERVINGS
NET WT.
3.18 OZ. (90g)

Supplement Facts

Serving Size 1 Teaspoon (3g)
Servings Per Container 30

	Amount Per Serving	% Daily Value**
Calories	10	
Total Carbohydrate	2g	1%
Dietary Fiber	1g	4%
Calcium	48mg	4%
Iron	1mg	6%
Sodium	15mg	1%
Potassium	60mg	1%
Organic Fermented Ashwagandha (root)	1.6g	†
Organic Fermented Tulsi (Holy Basil) Blend	0.9g	†
Holy Basil (<i>Ocimum sanctum</i>) (Krishna & Rama varieties) (leaf)		
East Indian Basil (<i>Ocimum gratissimum</i>) (Vana variety) (leaf)		
Organic Fermented Amla (fruit)	0.5g	†

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

GLUTEN FREE • KOSHER • VEGAN

DISTRIBUTED BY:

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organicindia.com

Certified Organic by: QAI



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