

Supplement Facts

Serving Size 1 Pouch (3g)
Servings Per Container 15

	Amount Per Serving	% Daily Value**
Calories	10	
Total Carbohydrate	2g	1%
Dietary Fiber	1g	4%
Calcium	48mg	4%
Iron	1mg	6%
Sodium	15mg	1%
Potassium	60mg	1%
Organic Fermented Ashwagandha (root)	1.6g	†
Organic Fermented Tulsi (Holy Basil) Blend	0.9g	†
Holy Basil (<i>Ocimum sanctum</i>) (Krishna & Rama varieties) (leaf)		
East Indian Basil (<i>Ocimum gratissimum</i>) (Vana variety) (leaf)		
Organic Fermented Amla (fruit)	0.5g	†

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

GLUTEN FREE • KOSHER • VEGAN

DISTRIBUTED BY: ORGANIC INDIA USA
BOULDER, CO 80301 USA 1-888-550-8332

organicindia.com

Certified Organic by: QAI

To enjoy while pregnant or nursing, consult a physician before use.

⚠ **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov



1.75"x0.7"
clear for date code



Blend 1 pouch
in water, juice
or smoothie.

Find recipes at
organicindia.com



*Pictured is
one of our beloved
small family farmers.*



*At the heart of ORGANIC INDIA is
our commitment to be a living embodiment of
love & consciousness in action.*



SMALL FAMILY FARMERS

- Empowering small family farmers in India to cultivate regenerative, organic farmland
- Revitalizing communities through fair wages, education, healthcare, access to clean water and job skills training



REGENERATIVE AGRICULTURE

- Regenerating soil health and fertility
- Improving water retention and sequestering carbon
- Restoring vibrant health to the environment



HEALTHY CONSCIOUS LIVING

- Celebrating the interconnectedness of life
- Cultivating the health of our planet, our farmers and you



**VITAL
Lift**

WITH
FERMENTED
HERBS

Fermented Adaptogens
for Energy & Vitality*



**VITAL
Lift**

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HERBS

Organic fermented adaptogens, Ashwagandha, Tulsi and Amla, blend to support natural energy, vitality, and the body's natural stress response.*



Ashwagandha is a powerful adaptogen used for centuries as a natural source of energy and vitality.*

Tulsi (Holy Basil) has been used for more than 5,000 years to support immunity, stress response, and the body's natural detoxification process.*

Amla, India's traditional superfruit, has been used in Ayurveda to provide rejuvenation, and as a tonic for overall health.*

Our herbs are fermented using complementary probiotic strains to improve digestibility and biological enrichment.*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIETARY SUPPLEMENT 15-1 OZ. (3g) PACKS NET WT. 1.5 OZ. (45g)



ORGANIC INDIA is committed to responsible packaging. This carton is made from 100% recycled paperboard, with a minimum of 30% post-consumer content. Please support our environment by recycling this package.