

## Did you know?

Your body's normal immune response to spring, summer, fall and even winter can often feel like a full frontal challenge. The beauty of Quercetin and freeze-dried Nettle is their ability to support your body's normal histamine-producing response.\*

**Let's get fresh.** Crack open a bottle and take a deep breath. What you smell is a pure, fresh herbal supplement processed in small batches with love for optimum potency.

### Here's to your health!

Does NOT contain dairy, wheat, peanuts, soy, gluten or corn allergens.

**CAUTION:** Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Nettle Quercetin

support during allergen exposure\*

MADE WITH  
NON-GMO  
INGREDIENTS

60 VEGETARIAN  
CAPSULES

GF

**Suggested Use:** As an herbal supplement, take three capsules daily with food or as directed by your healthcare professional.

**WARNING:** If you have never taken Nettles and are prone to allergies, it is recommended to take one capsule and wait 24 hours before using the suggested dose. Do not exceed recommended dose.

## Supplement Facts

Serving Size: 3 caps/Servings Per Container: 20

### Amount Per Serving

|                                                                                          |        |
|------------------------------------------------------------------------------------------|--------|
| Organic Nettle (freeze-dried) tops<br>(including stinging hairs)( <i>Urtica dioica</i> ) | 600mg* |
| Quercetin dihydrate<br>(Supplies Quercetin 440 mg)                                       | 525mg* |

\*Daily Value not established

**Other Ingredients:** Pullulan vegetarian capsules and nothing else.

Quercetin is derived from fava bean (*Dimorphandra mollis*)

Manufactured with love by Oregon's Wild Harvest  
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actual size