

Amount Per Serving %DV

Organic Whole-Food Blend	1,248 mg.....	↑
(organic curry <i>Murraya koenigii</i> [leaf], organic amla [fruit], organic guava [fruit], organic broccoli [aerial], organic <i>Sesbania</i> [leaf], organic tomato [fruit], organic carrot [root], organic spinach [leaf & stalk], organic kale [leaf & stalk], organic lemon [peel], organic <i>Moringa</i> [leaf], organic annatto [seed], organic holy basil [aerial], organic mustard [seed], organic apple [fruit], organic parsley [leaf & stalk], organic beet [root], organic green cabbage [leaf], organic blueberry [fruit], organic raspberry [fruit], organic strawberry [fruit]).		

*Daily Value not established.

Other Ingredients: Organic veggie capsule (pullulan), organic rice concentrate.

SUGGESTED USE: As a dietary supplement, adults take three (3) organic capsules daily, or as directed by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight.



NUTRIGOLD

ORGANIC & NON-GMO

Women's Multi Gold™

PLANT-BASED WHOLE FOOD NUTRIENTS

90 CAPSULES • DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 3 organic capsules Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (100% as beta-carotene).....	110 mcg RAE (2,200 IU).....	10%
(from organic <i>D. salina</i> microalgae)		
Vitamin C (from organic whole-food blend).....	90 mg.....	100%
Vitamin D (D3 from lichen).....	25 mcg (1,000 IU).....	130%
Vitamin E (from organic whole-food blend).....	30 mg (45 IU).....	200%
Vitamin K (100% as K2 (MK-7) from natto).....	120 mcg.....	100%
Thiamin (from organic whole-food blend).....	11 mg.....	920%
Riboflavin (from organic whole-food blend).....	13 mg.....	1,000%
Niacin (from organic whole-food blend).....	16 mg.....	100%
Vitamin B6 (from organic whole-food blend).....	26 mg.....	1,530%
Folate (from organic whole-food blend).....	700 mcg DFE.....	180%
Vitamin B-12.....	48 mcg.....	2,000%
(70% as methylcobalamin and 30% as adenosylcobalamin)		
Biotin (from organic whole-food blend).....	100 mcg.....	330%
Pantothenic Acid (from organic whole-food blend).....	30 mg.....	600%
Iron (from organic whole-food blend).....	14 mg.....	80%
Iodine (from organic kelp [whole thallus]).....	150 mcg.....	100%
Magnesium (from organic whole-food blend).....	6 mg.....	2%
Zinc (from organic whole-food blend).....	7 mg.....	60%
Selenium (from organic whole-food blend).....	69 mcg.....	130%
Manganese (from organic whole-food blend).....	1 mg.....	45%
Chromium (from organic whole-food blend).....	35 mcg.....	100%



SKU # 2002

Formulated & Distributed By
NutriGold Inc., Drem, UT 84057, USA
(800) 476-3542 • www.nutrigold.com
Certified organic by SCS Global Services.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.