

## Supplement Facts Serving Size 1 Pouch (45g) Servings Per Container 12

Amount Per Serving		% Daily Value*
Calories	160	
Calories from Fa	ıt 20	
Total Fat	2g	3%
Saturated Fat	1g	5%
<i>Trans</i> Fat	0g	
Cholesterol	45mg	15%
Total Carbohydrate	e 11g	4%
Dietary Fiber	1g	4%
Sugars	8g	
Protein	23g	46%
Calcium	275mg	27%
Sodium	150mg	6%
BCAA Blend	500mg	†

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

INGREDIENTS: WHEY PROTEIN CONCENTRATE (FROM MILK), MILK PROTEIN ISOLATE, FRUCTOSE, COCOA, GLYCINE, COCONUT OIL, CALCIUM CASEINATE (FROM MILK), NATURAL FLAVORS. CONTAINS 2% OR LESS OF: MICELLAR CASEIN (FROM MILK), WHEY PROTEIN HYDROLYSATE (FROM MILK), WHEY PROTEIN ISOLATE (FROM MILK), SODIUM CASEINATE (FROM MILK), BRANCHED CHAIN AMINO ACIDS (LEUCINE ISOLEUCINE, VALINE), MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES, LECITHIN (SOY OR SUNFLOWER), PAPAIN, OLIGOFRUCTOSE, GUAR GUM, XANTHAN GUM, REB A (STEVIA), BROMELAIN, FRUCTOOLIGOSACCHARIDES, SALT, MONOGLYCERIDES, DIPOTASSIUM PHOSPHATE, SILICON

DIOXIDE, PEA PROTEIN ISOLATE. CONTAINS SOY AND MILK.

Store in a cool, dry place.

INSTRUCTIONS: Blend or shake 1 pouch into 6-8 fl oz of cold water or milk. Consume immediately.

WARNING: Children under 12 years of age, pregnant women or nursing mothers, or anyone with a medical condition should consult with a physician before using this product.

∞ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Questions: 1-800-253-6500 Amway.com 010NSJ200

**Amway**<sub>™</sub>



XS™ Sports Protein Powder helps build lean muscle with 23 grams of protein and a rich, creamy taste. Formulated with 10 grams of essential amino acids and 2.3 grams of Leucine, it's crucial in helping fuel your performance before and after workouts.

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