

swanson.com  
or call 1-800-437-4148

- Provides antioxidant support
- Maintains cardiovascular, thyroid and immune health
- Supports prostate health

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one capsule one to two times per day with water.

**Selenium SeLECT® is a registered trademark of Sabinsa Corp.**



**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Selenium L-Selenomethionine

Cardiovascular and Prostate Health

100 mcg per capsule

MINERAL SUPPLEMENT | 300 CAPSULES

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Selenium	100 mcg	182%
(from Selenium SeLECT® L-selenomethionine)		

Other ingredients: Rice flour, gelatin, dicalcium phosphate.

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