

swanson.com
or call 1-800-437-4148

- Supports stomach health and comfort
- Helps calm a queasy stomach
- Supports digestive health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules one to two times per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Ginger Root

Digestive Health

540 mg per capsule

HERBAL SUPPLEMENT | 100 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving

Ginger Root	1.08 g*
(Zingiber officinale)	

*Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate, silica.

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