



**SWANSON**<sup>®</sup>  
PREMIUM BRAND  
*bringing wellness to the world since 1969*

# Cod Liver Oil

Vitamin Supplement

250 softgels



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.  
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

## SUGGESTED USE:

As a dietary supplement, take one softgel three times per day with food and water.

## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving                                    | % Daily Value |
|-------------------------------------------------------|---------------|
| Vitamin A                                             | 42%           |
| (from ecoMarine <sup>®</sup> Norwegian cod liver oil) |               |
| Vitamin D                                             | 17%           |
| (from ecoMarine <sup>®</sup> Norwegian cod liver oil) |               |

ecoMarine<sup>®</sup> Norwegian Cod Liver Oil 350 mg  
Contains omega-3 fatty acids as triglycerides (TG)  
[EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid), and other omega-3 fatty acids]

\*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**  
Fargo, ND 58104 USA  
TO REORDER, CALL TOLL FREE 1-800-437-4148  
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Solvent free.



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