

swanson.com
or call 1-800-437-4148

- Supports a healthy, natural response to daily stress
- Supports nervous system health
- Promotes a feeling of calmness and relaxation

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule two to three times per day with water on an empty stomach.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Free-Form Lysine

Stress Support

500 mg per capsule

DIETARY SUPPLEMENT | 300 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

L-Lysine	500 mg*
(from L-lysine HCl)	

*Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
 Fargo, ND 58104 USA • 1-800-437-4148

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