

Taurine

A semi-essential amino acid which is an ion and pH buffer in the heart, skeletal muscles and central nervous system. Taurine is also a potent antioxidant and antitoxin, and in these roles is particularly important to the liver and immune system.*

Suggested Use

As a dietary supplement, 1 capsule one or two times daily between meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



AllergyResearchGroup®

Taurine



dietary supplement

HYPOALLERGENIC

250 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	250
Amount Per Serving	% Daily Value
Taurine	1000 mg *

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, magnesium stearate.

Formulated exclusively for
Allergy Research Group®
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